



Scrapbooking Theme – Hobbies

Description

People say we should work hard and play harder. We shouldn't be just working all week long. And we definitely agree to that! There must also be time allocated for some activities that we enjoy and to make that happen, first we need to have a good work and life balance. This will give us the opportunity to relax, explore more, learn new hobbies, and live our lives to the fullest!

We believe making time for your favorite hobbies is a form of self-care. Some people find it entertaining and stress-reducing. Others think of it as a way to improve themselves in another field that they are passionate about. Whichever group you may belong to, all we can say is do more of the things that make you happy and take you closer to your goals.

What kind of hobbies and interests do you have? Are they activities that enhance your skills? Or do you do them just for entertainment and relaxation? Whatever your answers to these questions, we hope that you will get inspired by these fun layouts that we will be sharing in this post which give focus on the different types of hobbies most people love.

Enrichment Hobbies

This is one of the most common types of hobbies we know. Enrichment hobbies are activities done to help improve our minds. They can enhance our knowledge, boost our confidence, and increase our level of competence in certain aspects. Some examples of this type of hobby are reading, writing, studying a foreign language, and more.



Layout by [Marianne](#)



Project by [Jennifer](#)



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Creative Hobbies

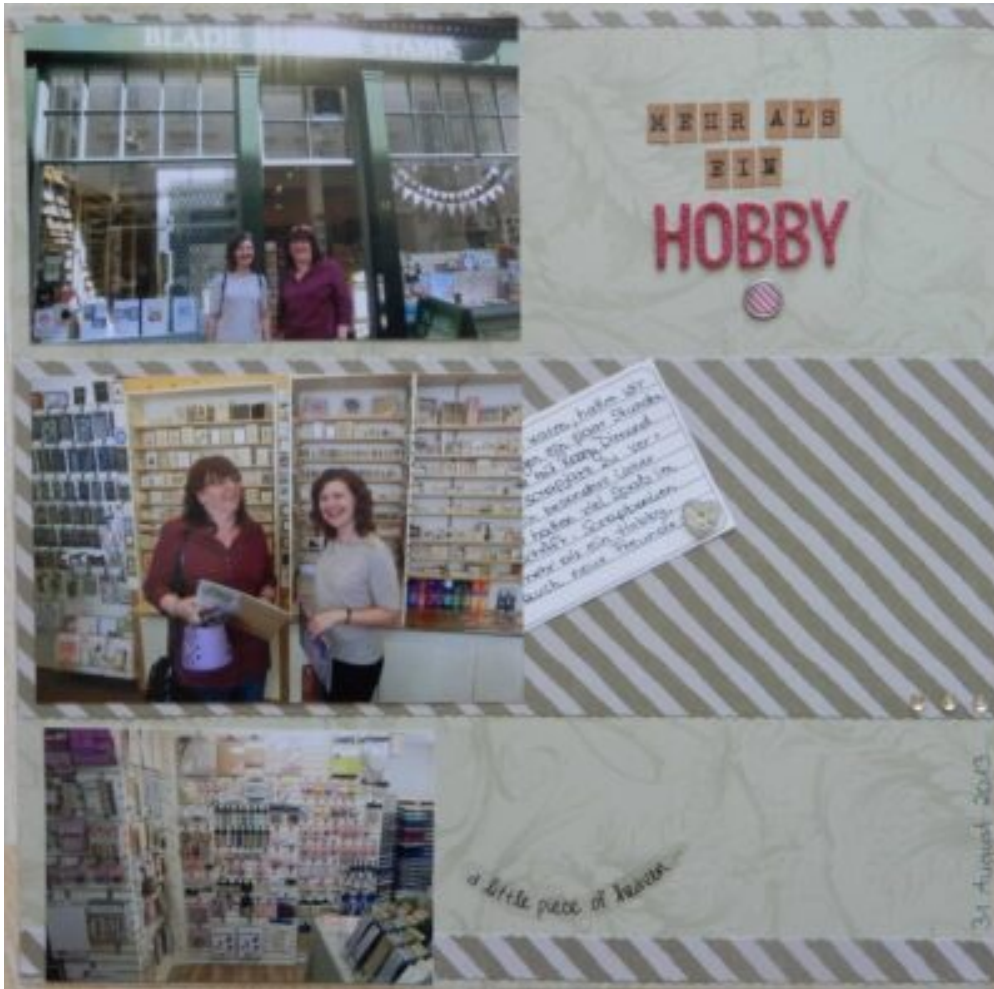
Having a creative hobby is a great way to reconnect with the artistic child in you. This is a kind of hobby we do to warm up our brain's creativity muscles. It is usually a long-term interest and most people do this or have been interested in doing this since they were young. Some great examples of this are drawing, painting, scrapbooking, photography, and more.



Layout by [Marianne](#)



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Domestic Hobbies

This type of hobby is something you perform as a duty but still enjoy doing it. These are the things we regularly do. They might be more common than we think but they can potentially evolve into a side hustle if we wanted. Some examples of this are cooking, baking, cleaning, sewing, knitting, and more.



Layout by [Eva](#)



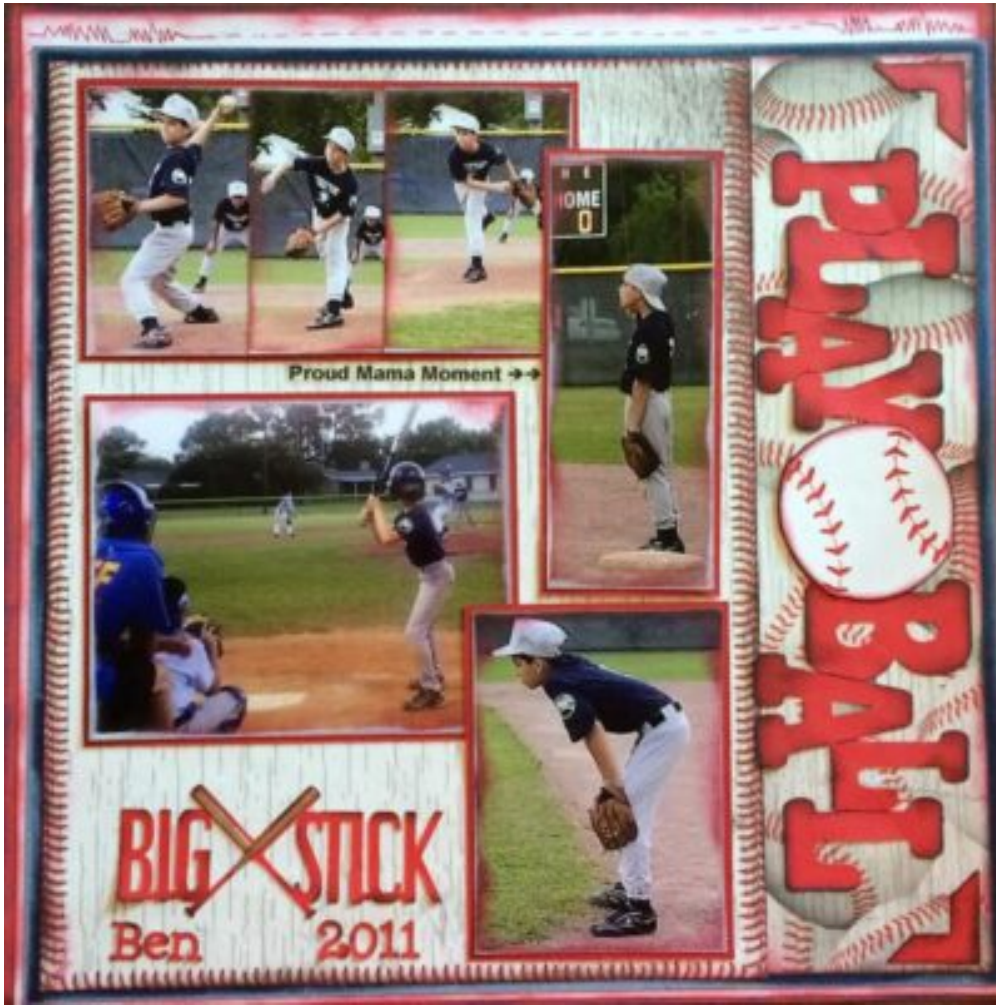
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Sports & Outdoor Recreation

The hobbies that belong to this category involve physical strength. People do them not just to burn stress but also to achieve their fitness goals. Most of these activities are typically done outdoors. Jogging, running, biking, camping, hiking, gardening, yoga, playing baseball and other types of sports are just some good examples of this.





Layout by [RhondaR](#)



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What is your favorite hobby? You better document it so you

can share with everyone, your love of something, and maybe you can use some fun acrylic tags as a little accent on your project. You get 16 tags, and hopefully, your favorite hobby is in the list.

[Click HERE](#) to get these tags.

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