Theme – Covid-19

Description

Covid-19 is a respiratory illness caused by the new type of coronavirus. It was called Severe acute respiratory syndrome coronavirus 2 or SARS?CoV?2. The virus appeare in Wuhan, China in 2019 and was said to originate from bats. Since its emergence, it has impacted the lives of millions of people on every continent. From the way we dress up, to the way we go to work or do our school stuff, there was definitely a massive change.

But despite it all, the government officials, the medical frontliners, and our other modern-day heroes worked hand-in-hand to find solutions and make things better for us. The pandemic may not be over yet, but looking back over the past years, we did a great job. Everyone tried their best to follow the rules imposed and help fight the spread of the life-threatening disease. A lot of people showed compassion towards each other by going above and beyond their call of duty.

In honor of the progress we have made so far while battling this global epidemic, we decided to make Covid-19 our theme for this month. Here are some inspiring layouts that hopefully will make all of us appreciate our journey more during these times.

Life during Covid

In the early phase of the Covid-19 crisis, people ended up worrying. Travel restrictions and mandatory lockdowns were introduced as a method for preventing individuals from moving freely. Panic buying arose due to everyone's fear of shortages in supplies and possible price increases. Mass gatherings were prohibited, many establishments closed, and numerous people resorted to working, studying, or communicating through online platforms.
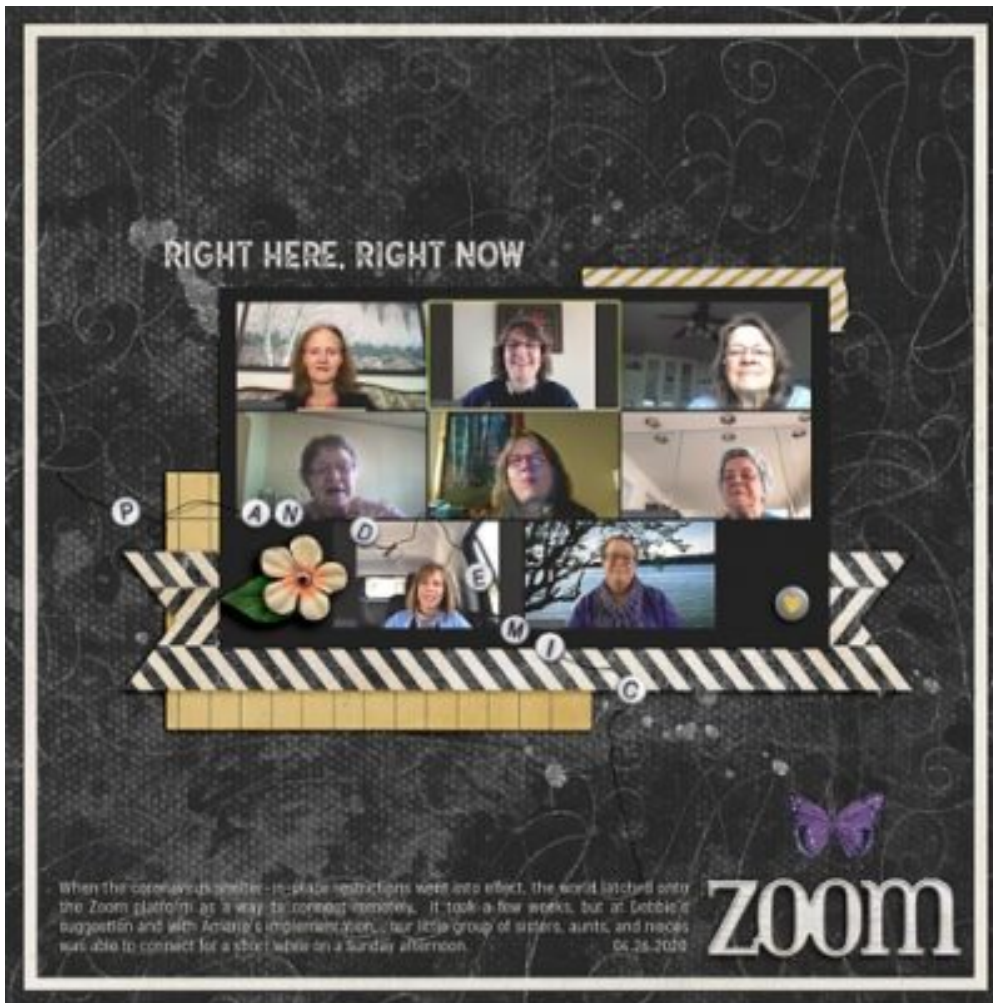
It's a good thing that we no longer have to deal with most of these things now since the world is slowly improving. We now have a better understanding of what is going on around us and how we should respond to it.

Page by **Christelle**

Layout by **Karen**

Page by **Angie**

Covid Cases and Exposures

Way back in 2019, the number of people infected by Covid-19 was extremely high. This resulted in hospitals running out of beds and other medical supplies. It also pushed healthcare staff to their limits. Many believed that no matter how cautious they were, there was still a great chance of contracting the disease because they still had to go out, make a living, and mingle with other people. Luckily, with everyone's efforts and cooperation, we're already seeing a decline in the total number of Covid cases and exposures. Spreading the right information on how to combat the deadly disease and following the guidelines really helped.

Layout by **Jill**

## Prevention and Health Protocols

The old saying "Prevention is better than cure" is definitely a golden rule. And as part of the campaigns to help stop the coronavirus outbreak, authorities asked the population to adhere to certain health protocols. Some examples include wearing a face mask in public places, regularly washing or sanitizing our hands, practicing social distancing, avoiding crowds, and prohibiting or limiting mass gatherings. These arrangements may not be pleasant at all, but our safety should come first.

Layout by **Joyce**

Page by **Francine**
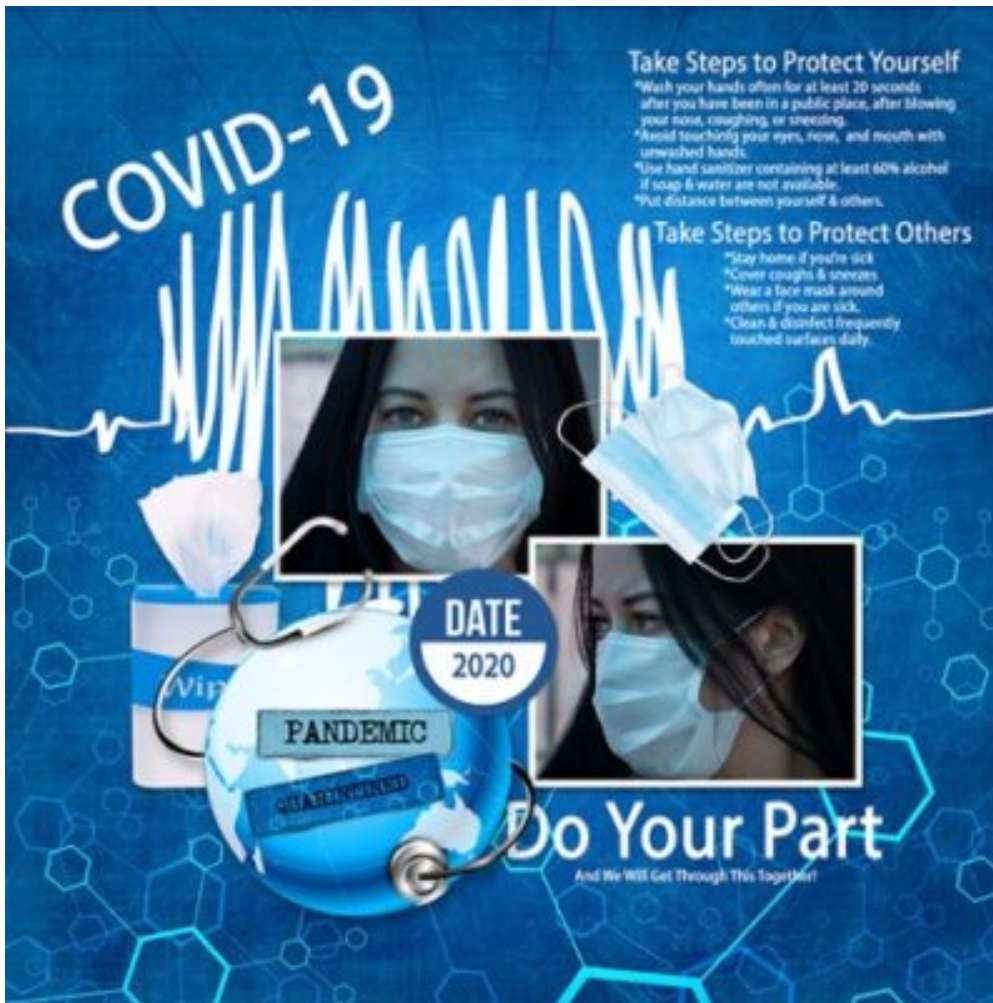
Layout by **Joyce**

Vaccination

Many health experts, scientists, and companies have worked together to formulate vaccines that can protect us against the deadly Covid-19 virus. In fact, WHO or World Health Organization approved a total of 10 vaccines. These are the following: Novavax (NVX-CoV2373), Serum Institute of India COVOVAX (Novavax formulation), Moderna (mRNA-1273), Pfizer/BioNTech (BNT162b2), Janssen / Johnson & Johnson (Ad26.COV2.S), Oxford/AstraZeneca (AZD1222), Serum Institute of India Covishield (Oxford/AstraZeneca formulation), Bharat Biotech (Covaxin), Sinopharm (Beijing) - BBIBP-CorV (Vero Cells, and Sinovac CoronaVac. And in preparation for the emerging new variants of the virus, Covid-19 booster shots are also being rolled out as fast as possible on every continent.

Layout by **Courtney**

Page by **Linda**

Layout by **Linda**

Since masks have become the new daily accessory, why

not have some masked digits? With these digits, you can write any year, or anniversary (celebrated during these challenging years) or even counting days, weeks, months, tests, etc.

Click HERE to get these ten masked digits.

Date Created
January 1, 2022

Author
rizzi1108

Author
rizzi1108